

Name of Collaboration: Wellness Committee

Date and Time: 2/18/2017 2:45 - 3:45

Location: Kassy Helie's Office

In attendance: Kassy Helie , David Spydel, Kim Thompson, Holly Boles

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Meeting Agenda and Purpose:

Topic	Lead Person	Outcome
Membership - Welcome Kim Thompson		Kim is the new SAP counselor at NMHS. A review of the history of the committee was given for Holly and Kim's benefit.
Low Salt Grant	David	Kassy and David met with Marty. Marty is very pleased with what this school has accomplished with the use of the grant in the past. Grant was submitted. Grant will be used to help buy things for the hydroponic garden. In hopes that we can offer more fresh foods in the cafe. Also going to but a soup warmer to serve low sodium soups more often.
Fit For Life		This has not been started as of today. The position will be posted by Dr. Gallagher.
Policy Review	Kassy	Holly and Kim were given the current policy. They will let Kassy know by 3/8 if they would like to suggest any changes. Kassy is submitting changed to the District's Policy Committee on March 9th.
New England Dairy and Food Council Grant	David	David will check with Paula and get back to the group
Open House Fall of 2017	Everyone	Suzanne agreed with adding more vender tables to this event. Birigt and

		Sandy T from UNH Cooperative Ext. would like a table. Kim and David would like tables. Kassy will talk to TTC about having a table.
Birgit		Is coming to some Health classes this month.
Newport Fitness and Teachers	Holly	We discussed the possibility of talking with Heidi North about starting some kind of discount memberships for the District staff. Maybe a back to school perk...Holly will contact Dr. G and ask about how to go about doing this.
Staff Training.	Kasst David	We discussed the need to meet with all district staff at the beginning of the next school year. They need to be educated on the policy and changes due to the passing of the Healthy,Hunger Free Kids Act of 2010. Kassy will schedule this with school principals.
Next Meeting		March 29th at 3:30.