

Name of Collaboration: Wellness Committee

Date and Time: 1/26/2017 3:30 - 4:30

Location:Kassy Helie's office

In attendance: Kassy Helie, Sarah Griffen, Holy Boles, David Spydel, Susan Strebel, Birgit Humpert

Seven Norms of Collaboration: Pausing; Paraphrasing; Posing Questions; Putting Ideas on the Table; Providing Data; Paying Attention to Self and Others; Presuming Positive Intentions

Collaboration Purpose:

Parking Lot:

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Meeting Agenda and Purpose:

Topic	Discussion	Lead Person	Outcome
Membersh ip	Welcome Holly - NMHS Health Teacher and Birgit Humpert Newport Health Center Out Patient Dietician (T,W,F available)		Sue will ask John Hamel, Richards P.E. teacher to join the group. John said that he would be happy to join the meetings....(Cannot meet on Tuesdays or Fridays)
CPR Update	There were six staff at NMHS certified in the fall. Should this be offered again in the spring?	Sarah/ Sue	They will offer this again after April vacation. Updates to come.
Salt Grant	David and Kassy were supposed to meet with Marty on 1/24, but did not due to the snow day	David/ Kassy	New meeting date is January 30th. They will report back to the committee next meeting.
Fit For Life	Cindy G met with Heidi North from Newport Fitness today. They are working out the details to possibly offer approximately 30 student memberships a month.	Holly	Holly will get the details from Cindy to see if this program will start up and report back to the group.

Policy Review	The policy was reviewed by all in attendance.	Kassy	There are a couple of suggested changes. Kassy will submit them to the Policy Committee and then go to the School Board with the changes.
Bake Sale Approval Form	Suggested by a reviewer last spring. This needs to be developed and approved by the Principal.	Kassy	Kassy will present this at the next meeting
School Board	Arrangements will be made for Kassy and David to attend a Board meeting after the budget season is over	Kassy	This will be done prior to the end of the school year after the policy committee adopts the proposed changes.
New Grant	The New England Dairy & Food Council and the dairy farmers of New England are excited to offer Mini-Grants to help support your school's healthy eating initiatives! The Spring 2017 Mini-Grants will be awarded to schools who submit a winning proposal for up to \$1000 to implement either the Fuel Up to Play 60 Farm To School or Fuel Up Your Community Play.	David	David sent this to Paula Johnson. Application is due 2/15. He will report back at the next meeting.
Farm to Table	Birgit asked if this was an initiative that we participate in. Sue reported that Lisa Ferrigno has done it in the past at Richards School.	Birgit	Birgit will contact Lisa to see if she is interested in pursuing this again this year. She will report back at the next meeting
New Regulation	Birgit shared that she has been told about possible new regulations pertaining to school snacks and parties for the 2017 - 2018 school year.	Birgit	Birgit will forward this to Kassy and it will be shared at the next meeting.

Education	Birgit offered her services for any classroom presentations at any grade level		Sue and Kassy will share this with the appropriate teachers.
Open House	Instead of a Health Fair here during this school year, we discussed possibly having tables at Open Houses in the fall. This way we could hit teachers, students and parents.	Everyone	Kassy will ask Suzanne about this. Bring ideas to the next meeting. So far ideas were: Heidi North UNH Cooperative Ext. Birgit David would bring lunch information
Next Meeting	February 28, 2017 in Kassy Helie's office		