

Name of Collaboration: Wellness Committee

Date and Time: 10/20/2016 3:30 - 4:30

Location: Kassy Helie's office

In attendance: K. Helie, S. Strebels, S. Griffen, D. Spydell missing: H.Boles

Parking Lot:

--

Meeting Agenda and Purpose:

Estimated Time	Topic	Lead Person	Outcome
___min	Membership: Several members of this committee have left the school district. We would like a community member and student to join.	Kassy	Kassy will talk to Rebecca Lozeman from Newport Health Center/TTC and MAry Sanborn RN to see if they would like to join the group. A note will go on the daily announcements to see if any students are interested.
___min	Salt Grant - we are in phase 3 of what could be a 5 year grant. David is working with Sam Nelson on using some of the money to grow vegetables and herbs hydroponically. Sam's agriculture students will help during their classes. He also is investigating what appliances he can buy with the rest of the grant money. There are two educational videos.	David	Final grant paperwork is due in March. David would like to submit it by February. We will preview the vidoes and send the links to staff if appropriate. David will ask if video links can go on the district's website David will update the group at the next meeting
	CPR - Sue has already held 2 classes. About 12 people have been trained at Richards.	Sue Sarah	Sarah will send a note out to all adults in NMHS. To see who would like to be trained. Training sessions will be done by Chris Smith.
	Flu Vaccine Clinic_ At NMHS there were 41 adults done on 10/17.	Sue Kassy	Sue will update the group about her adult clinic at the next meeting

	Throughout the fall there have been 30 students vaccinated through the TTC. Sue had a student clinic yesterday and there were 64 students done,		
	Wellness Policy	Everyone	Please review the policy and come next meeting with any proposed changes.
	Fit for Life - was a program run through the TTC the last few years. The grant ran out. Cindy G and Kassy have had a conversation about this being offered through a different grant and done here at school	Kassy	Kassy will talk to Cindy about the status of this. She will update the group at the next meeting. Cindy told Kassy that one grant proposal was turned down. She is looking into other possibilities.
	School Board	Kassy	Kassy will schedule a time for her and David to go to the School Board to report on the activities of this committee.
	Possible Health Fair - we talked about the possibility of having a fair in the Spring. Sarah knows someone who may be able to give us a general outline of who to invite. ? if Mary Sanborn's LNA class may want to take this on as a community service project	Kassy Sarah	Kassy will talk to Mary Sarah will try to get list. Both will report back at the next meeting
	Next Meeting: Nov 10th. Time to be determined.		